Mt. Cameroon, highest in Central & West Africa - 13,435 feet.

Ikome Waterfall. “Greystoke, the Legend of Tarzan” filmed here.

Yaounde - the capital. Population: 1.3 million people.

Twin Lakes (male & female) of Kupe-Manenguba. 7,874 ft. above sea level.

The Indomitable Lions soccer team.

Roasted fish, fried plantains and miondo.

Light pepper soup with meat and fufu (paste).

Vegetables meat stew and fried plantain.

Tifton, GA to Yaounde, Cameroon 6,373 miles