**PHILIPPINES**

Country's national bird: a.k.a. monkey-eating eagle; largest of the surviving eagles in the world by length and wing surface.

**Banaue Rice Terraces**
Located in Ifugao province; approx. 4,900 ft above sea level; believed to have been hand-carved into the mountains to plant rice.

**Mount Apo**
Highest mountain in the Philippines (9,692 ft) located on the island of Mindanao; large solfataric, potentially active stratovolcano; also a home of Philippine eagles.

**El Nido**
Located in Palawan province; famous for its pristine white sand beaches, limestone cliffs, enchanting lagoons, mysterious caves, scenic mountains, and coral gardens.

**Boracay**
Located in Aklan province and approx. 196 miles south of Manila; famous for its white sand beaches, and a prime tourist destination.

**Taal Volcano**
Located in Batangas province; 2nd most active volcano in the Philippines with 33 historical eruptions; world’s smallest active volcano; unique for being the “largest island in a lake on an island in a lake on an island”.

**Mayon Volcano**
An active stratovolcano located in the province of Albay; famous for its “perfect cone”; most active volcano in the Philippines.

**Chocolate Hills**
Geological formation in Bohol province; consist of ~1,800 hills; covered in green grass that turns brown (like chocolate) during the dry season, hence the name.

**Sinigang**
Adobo
Lumpia Shanghai
Halo-Halo

**Capital: Manila**
Coordinates: 14° 34′ 48″ N, 121° 0′ 0″ E; Population: 1.78 million people (2015 census); most densely populated city proper in the world.